

CARES Coiba

January 31 - February 8 (or 9), 2026

Join CARES Coiba

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Includes:

- Private transfers between PTY, Casco Viejo, Veraguas and Gamboa
- Private group transport for all official activities
- Two-night 5-star hotel stay over in Panamá City, Casco Viejo (Old Quarter)
- Evening, meet-and-greet, welcome dinner
- Free day, Casco Viejo (inc. breakfast, w. lunch + dinner on your own)
- Private transport to Veraguas Province for Isla de Coiba dive days
- Coiba National Park dive + stay w. daily park entry fees + all meals
- Four 3-tank dive days in the pristine waters surrounding Isla de Coiba
- Private transport to Sobrerania National Park
- All-inclusive resort stay with Chagres River views and all meals included
- Breakfast + lunch included for departing participants (Day 9)
- Private airport transfer to PTY for departures (Day 9)
- Or a free day to visit Gamboa + Sobrerania National Park (Day 9)
- Breakfast + lunch included for departing participants (Day 10)
- Private airport transfer to PTY for departures (Day 10)

Excludes:

- Roundtrip airfare to Panamá (PTY)
- Service Gratuities + Dive Gratuities
- Optional activities on free days:
 - In Panamá City, Uber is available and inexpensive for getting around
 - In Gamboa, a range of experiences may be booked (inquire on fees)
- Lunch + Dinner on Free Day in Casco Viejo (Feb 1)
- Spirits not included w. Coiba dive package (they do bring beer + wine)
- Otherwise alcohol, only included at the Sobrerania National Park stay
- Incidentals
- Personal dive guide for OW + AOW certified divers (see p. 5)

\$4,750 | New CARES Participants
(10 days)

\$4,500 | New CARES Participants
(9 days)

\$4,350 | Returning CARES Participants
(10 days)

\$4,100 | Returning CARES Participants
(9 days)

\$1,000 | Deposit secures your space
April 1, 2025 | Balance due

Please note: a \$250 price increase covers two hotel overnights in Santa Catalina, Feb 2/3 + 6/7 on the way to + from Coiba Island

Space is limited...

Each participant must also have a valid passport and provide proof of dive certification, health insurance and dive insurance.



Four Days of Diving in Coiba National Park

Enjoy relaxing and extraordinary diving in a UNESCO World Heritage Site, Coiba National Park. Divers will experience locations rarely visited by others. Pelagics are often seen, including that we will be there during plankton season, bringing whale sharks and manta rays to the area.

Need to know for the Coiba Island Experience

- Please note that this is a remote location, so expect rustic conditions on the dive days near the island.
- Please have everything that you'll need, including cash, either on arrival or before leaving Panamá City.
- There are no ATMs in the Park. In Panamá City, ATM withdrawals are \$7 and may limit amounts. Using credit cards may not be possible for our time in Veraguas Province and/or at Coiba National Park.
- Wi-Fi access is limited by these conditions. Expect to be largely "off-grid" for the dive days (Feb 3-6).
- We will be in a tropical rainforest that has mosquitos. Bring any supplies needed for your comfort.
- Beer + wine inc. w. post-dive happy hours + evening meals (Feb 3-6). Spirits, not provided. You will need to bring them, as they may not be locally-sourced.
- Three meals each day—fresh, locally-sourced foods—will be prepared by our chef who will travel with us.
- Even though off-grid, our lodging will accommodate charging phones, cameras, flashlight batteries and other equipment overnight.

Sat-Mon, Jan 31-Feb 2

Arrive, Panamá Tocumén Airport / PTY at midday. Private airport transfer

Welcome dinner, meet-and-greet and two nights stay in Panamá's Casco Viejo (Old Quarter)

5-star hotel stay

Free day to explore the Casco Viejo and Panamá City

Six-hour drive to Veraguas Province, the mainland departure point for Coiba National Park

Tue-Fri, Feb 3-6

Four 3-tank dive days with lodging + all meals included

All dives are best-suited for experienced divers

A personal dive guide will be available for hire for OW + AOW (see p. 5)

Sat, Feb 7

Depart for Sobrerania National Park along the Chagres River

All-inclusive resort is near the Gamboa locks of the Panamá Canal

Overnight stay(s) in Gamboa w. optional activities (Two Options)

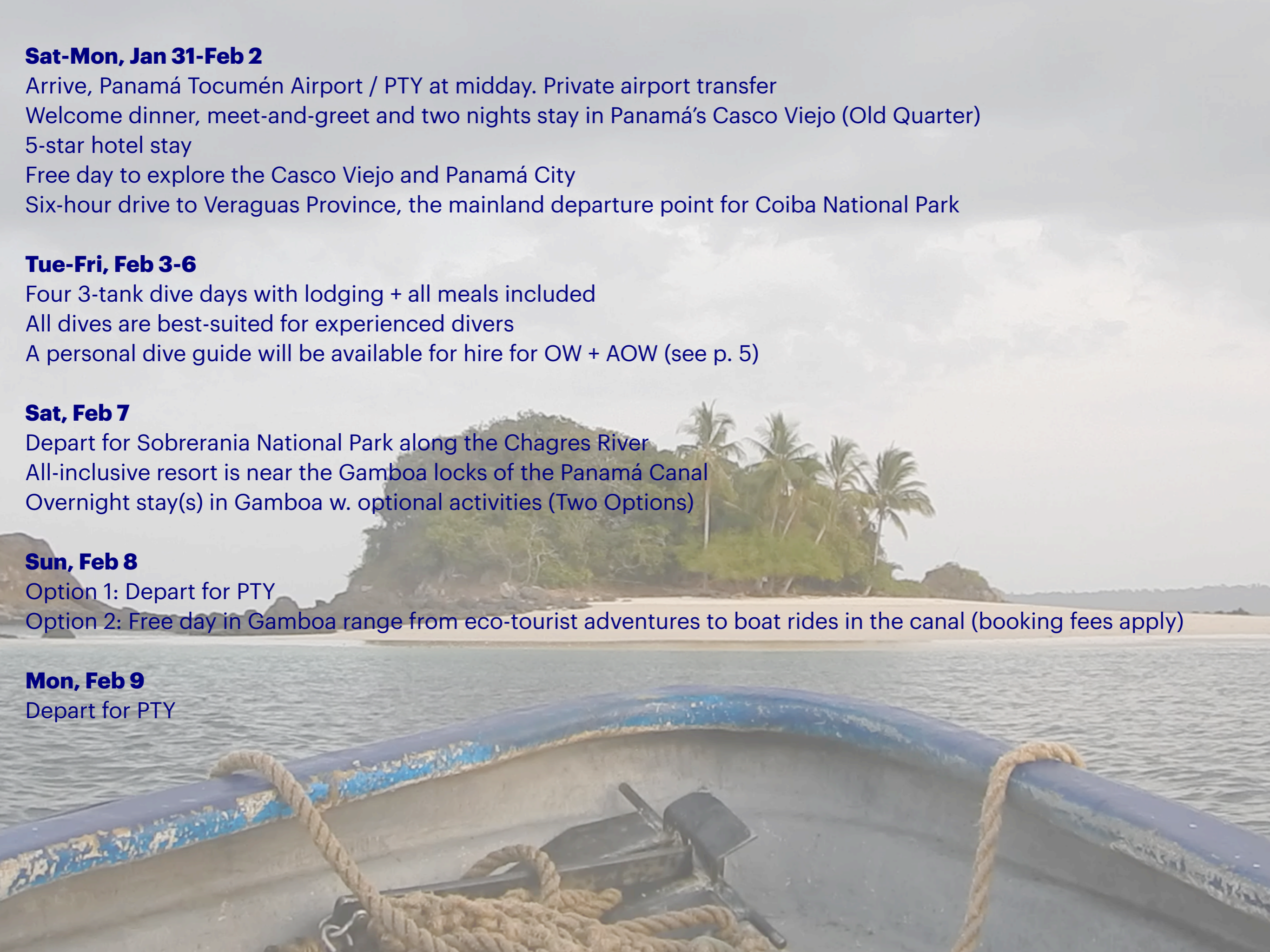
Sun, Feb 8

Option 1: Depart for PTY

Option 2: Free day in Gamboa range from eco-tourist adventures to boat rides in the canal (booking fees apply)

Mon, Feb 9

Depart for PTY



Would you like to see more of the rich environmental and cultural diversity that Panamá has to offer?

If so, please inquire on the discount available if you're interested in joining us for the entire Caribbean to Pacific experience, including four days of CARES + fun diving in the UNESCO World Heritage site of Portobelo National Park and more time in Panamá City and the Casco Viejo from January 23-31, 2026.

Please note that the dives in Coiba National Park are deeper and best-suited for advanced and more experienced divers. If you are OW and AOW certified, you will be able to hire a personal dive guide to accompany you on this experience, making Coiba's shallower dive sites readily accessible. Please address any questions that you may have with Kramer Wimberley.



*La Sirena de Portobelo | Portobelo's Mermaid, ca. 1985
Mural: Toshi Sakai ca. 1985, restored by Oluguyadi, 2024*

Suggested Flights:

Private transport will be provided for each leg of our journey. This includes scheduling private airport transfers at PTY for arrivals and departures to the Casco Viejo; between Panamá City and Veraguas Province for our stay near Coiba National Park; and from Veraguas to the overnight in Sobrerania National Park. We suggest these incoming and outbound flights to coordinate the best small group plan. If you'll choose different airlines or flights, please plan to arrive at PTY around this time or notify us of your travel plans, so that we can discuss the fees for scheduling an additional driver for the airport transfers or any leg of the journey. All questions welcome.

Arrival:

American AA 959

12:10 PM Miami Int'l Airport (MIA)

2:20 PM Tocumen Int'l Airport Panamá (PTY)

Travel time: 3 hr 10 min

Departure:

American AA 2964

1:46 PM Tocumen Int'l Airport Panamá (PTY)

5:55 PM Miami Int'l Airport (MIA)

Travel time: 3 hr 9 min

American AA 2454

3:14 PM Tocumen Int'l Airport Panamá (PTY)

7:23 PM Miami Int'l Airport (MIA)

Travel time: 3 hr 9 min

*CARES is a community-science program.
Fees paid to CARES are tax deductible.*